|    | А                                    | В   | С  | D   | E  | F   |
|----|--------------------------------------|---|--|---|--|---|
| 1  | 16Dec 06Jan 27Jan 10Mar 31Mar        |   |  |   |  |   |
| 2  | WEEK1                                |   |  |   |  |   |
| 3  | WEEK1                                | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
| 4  | MAIN MEAL                            | Pasta Bolognese   | BBQ Chicken with<br>Mashed<br>Potatoes & Gravy                       | Roast of the Day with<br>Roast Potatoes &Gravy                | Meat Lasagne   | Friday Fish Bar & Oven<br>Baked Chips                         |
| 5  | VEGGIE                               | Sausage Pasta Bake  | Quorn Loaded Masala<br>& Rice  | Broccoli & Cauliflower<br>Cheese with Roast<br>Potatoes       | Roasted Gnocchi in<br>Tomato Sauce                                   | Cheese & Tomato<br>Pizza<br>&Oven Baked Chips                 |
| 6  | DAIRY FREE                           | Pasta Bolognese   | Quorn Loaded Punjabi<br>Masala<br>& Rice<br>Coconut &                | Roast of the Day with<br>Roast Potatoes<br>Autumn Fuit        | Roasted Gnocchi in<br>Tomato Sauce                                   | Friday Fish Bar & Oven<br>Baked Chips<br>Oat & Lemon          |
| 7  | PUDDING                              | Berry Crumble Muffin  | Lime Cake  | Shortbread  | Spiced Ginger Cake   | Cookie  |
| 8  | OTHER                                | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese        | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese        | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese |
| 9  | 102Dec 13Jan 03Feb 24Feb 17Mar 0     | 7 Anr   |  |   |  |   |
| 11 | 102Dec 133an 031 eb 241 eb 1711an 0. | / Арі   | WEEK 2   |   |  |   |
| _  | WEEK2                                | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|    | MAIN MEAL                            | Pork Sausage with<br>Mashed Potatoes &<br>Gravy               | Chicken Chinese<br>Noodle Stir Fry                                   | Roast of the Day with<br>Roast Potatoes &Gravy                | BBQ Baked Chicken with Rice  | Friday Fish Bar & Oven<br>Baked Chips                         |
| 13 | VEGGIE                               | Veggie Sausage with<br>Mashed Potatoes<br>& Gravy             | Roasted Tomato<br>Pasta  | Sticky Tomato Tart<br>& Roast Potatoes                        | Chickpea & Sweet<br>Potatoe Curry &<br>Rice                          | Crispy Nuggets &<br>Salsa & Oven<br>Baked Chips               |
| 15 | DAIRY FREE                           | Pork or<br>ChickenSausage with<br>Mashed Potatoes &<br>Gravy  | Roasted Tomato<br>Pasta  | Roast of the Day with<br>Roast Potatoes                       | Kansas City BBQ Baked<br>Chicken with Braised<br>Rice<br>Pear Upside | Friday Fish Bar & Oven<br>Baked Chips<br>Chocolate            |
| 16 | PUDDING                              | Fruit Sponge<br>Oat Crumble                                   | Fruit Jelly Pot  | Cinnamon Apple<br>Cake  | Down Pudding   | Cookie  |
| 17 | OTHER                                | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese        | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese        | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese |
| 18 |                                      |   |  |   |  |   |
| 19 | 09 Dec 20Jan 10Feb 03Mar 24Mar       |   | WEEK 2   |   |  |   |
| 20 | WEEKS                                | MONDAY  | WEEK 3   | WEDNECDAY   | THIDCDAY   | EDIDAY  |
| 21 | WEEK3                                | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
| 22 | MAIN MEAL                            | Potato Topped Beef<br>& Onion Pie                             | Meat Feast Pizza<br>with Potato & Red<br>Onion Salad                 | Roast of the Day with<br>Roast Potatoes &Gravy                | Tomato Pasta   | Pork Sausage &<br>Oven Baked Chips                            |
| 23 | VEGGIE                               | No Meatballs with<br>Mashed Potatoes<br>& Gravy               | Cheese & Tomato<br>Pizza with Potato &<br>Red Onion Salad            | Loaded Five Bean Chilli with Roast Potatos                    | Onion Bhaji & Mango<br>Wrap with Slaw                                | Handmade Sausage<br>Roll & Oven Baked<br>Chips                |
| 24 | DAIRY FREE                           | Potato Topped Beef<br>& Onion Pie with<br>Mashed Potatoes     | Jacket Potato with<br>Cheese,Baked<br>Beans,Tuna Mayo<br>or Coleslaw | Roast of the Day with<br>Roast Potatoes                       | Jacket Potato with<br>Cheese,Baked<br>Beans,Tuna Mayo<br>or Coleslaw | Pork or Chicken<br>Sausage with Oven<br>Baked Chips           |
| 25 | PUDDING                              | Banana Yogurt<br>Cake   | Autumn Fruit Traybake  | Apple & Rhubarb<br>Crumble with Custard                       | Carrot Cake  | Cinnamon Apple Bun  |
| 26 | OTHER                                | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese        | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese        | Jacket Potato<br>Cheese/Beans/Tuna<br>Baguettes<br>Ham/Cheese |